Turning Point Sober Living

Admission Requirements and Rules of Conduct

All residents are required to read, understand, and sign this document upon admission. By signing, you agree to adhere to all admission requirements and rules of conduct of Turning Point Sober Living (TPSL).

ADMISSION REQUIREMENTS

(1) Residents must be at least 21 years of age.

(2) New residents must be clean and sober for at least 30 days. This includes marijuana and alcohol.

(3) This program is a minimum 90-day stay.

(4) New admission residents will need an OSBI or OCDR background check no older than 30 days.

A. Residents may not have any violent criminal convictions that include:
   i. Murder
   ii. Rape / any sexual misconduct
   iii. Felony Assault / Domestic Assault
   iv. Crimes involving firearms, knives, dangerous weapons, or any instrument used as a dangerous weapon
   v. Any crime involving children and the elderly

TREATMENT & PARTICIPATION

(5) Residents are encouraged to participate in treatment outside of TPSL. A list of treatment centers will be given to each new resident.

A. All residents MUST attend at least one weekly group education (including group psychoeducation at their treatment center).
B. All residents MUST attend at least one life skills group education class weekly.
C. All residents MUST attend at least one AA, NA, or Celebrate Recovery meeting each week.
D. All residents MUST participate in community service for a total of five hours each month.
E. Proof of attendance will be required.

(6) Residents MUST remain sober at all times while living at TPSL. Any violation of this will result in dismissal.

(7) New residents will obtain employment within the first 30 days of residency unless they are on Social Security or VA Disability. SSI and VAD will be given work to do at the center.

(32) All residents ARE required to attend a weekly house meeting and MUST be on time. Any absence must be discussed in advance with a staff member.

CONDUCT & SAFETY

(8) All common and outside areas are subject to video surveillance. All residents MUST wear proper attire outside their rooms and bathrooms.

(9) No men other than staff or authorized personnel will enter the ladies' room.

(10) No resident should touch another resident in a sexual way. There is Zero Tolerance for sexual activity between residents.

(11) No masturbating in the showers or common areas.

(12) Only residents assigned to a particular room may enter that room.

(13) Staff and authorized personnel ARE allowed to enter any resident room.

(14) No guns, drugs, or bad attitudes are allowed inside or outside the building on TPSL property.

(18) TPSL must be a safe place to live. Physical or verbal assaults, yelling, screaming, profanity, arguing, and/or fighting are NOT permitted. Law enforcement may be called for violent or aggressive behavior.

A. Respect yourself, the staff, guests, and other residents. A continuous poor attitude may result in removal.
B. Residents are to always show respect to all TPSL neighbors when outside the facility.

(37) There is no loitering allowed in front of TPSL.

(38) Any resident charged with a crime while living at TPSL WILL be asked to leave immediately.

(43) Illegal activity of any kind is strictly prohibited.

LIVING SPACE & CLEANLINESS

(15) Residents are to provide their own food and drinks and must mark all items. Unmarked food or drink will be considered community property.

A. No food may be eaten inside rooms unless the resident has a TV tray or desk/table. No food residue or dirty dishes left in the room.

B. No eating in beds — including snacks.

C. Food for snacks/lunches may be stored in a bin under the bed or a 1.7 Cu minifridge supplied by the resident.

D. Taking food or drink items from others is considered stealing and is grounds for immediate removal.

(16) Each resident is responsible for cleaning their room. Beds must be made daily by 9:00 a.m.

A. Each resident is responsible for cleaning up after themselves in common areas and showers.

B. The kitchen area must be cleaned after each use. No Exceptions.

C. The laundry room is available from 7:00 a.m. to 9:00 p.m. Dryer lint must be cleaned after each use. No clothing left in washer or dryer.

(17) Smoking, vaping, and chewing will only be allowed on the patios. Cigarette butts must be disposed of in the cigarette can on the back patio.

(22) Residents may supply a TV in their room no larger than 32 inches; headphones MUST be used. Common area TVs off by 10:00 p.m. weekdays and 11:00 p.m. weekends.

(24) Residents will be assigned a daily work duty at the facility (cleaning kitchen, bathroom, picking up trash, etc.).

(25) Residents are to only use the front and back doors. No side doors unless there is an emergency. All outside doors must remain closed at all times.

(31) Residents will take showers in the common shower but maintain personal hygiene in the bathroom in their room.

(35) Residents are not to touch or destroy belongings of another resident or of TPSL. Damage costs will be billed to the person(s) responsible.

(41) TPSL is not responsible for lost or stolen property.

(42) No open-flame candles or incense are allowed on the premises.

(44) No pets are allowed at TPSL without prior approval.

MEDICATIONS & DRUG TESTING

(26) All medications are to be checked in with staff upon intake and each time a prescription is filled. Sharing medicines with other residents is NOT permitted.

(27) Residents will agree to take random drug/alcohol tests when requested by staff. Refusal or failure will result in immediate removal.

(28) Residents will not possess any drugs, alcohol, or mood-altering substances. This includes "non-alcoholic" beer or wine, mouthwash or medications with alcohol.

(29) TPSL reserves the right to inspect and/or search rooms and belongings for contraband at any time without notice.

A. Any drugs or alcohol found in the facility will lead to dismissal.

CURFEW & WHEREABOUTS

(21) Bedtime: 10:00 p.m. Sunday through Thursday; Midnight Friday and Saturday.

(30) All residents are required to let staff or the RIC (Resident-In-Charge) know where they are going when leaving the facility. Residents must sign in/out with destination and approximate return time.

A. Approved locations: Work or seeking employment, School, Meetings (counseling/treatment/probation), Community service, Store/laundromat, Church, Doctor's appointments, and any other place with prior approval. Casinos that serve alcohol are forbidden.

(33) All residents are to be in the facility and in their rooms by curfew (unless working second/overnight shift).

A. First 30 days: 9 p.m. Weekdays | 10 p.m. Weekends

B. 31-60 days: 10 p.m. Weekdays | 11 p.m. Weekends

C. 61+ days: 11 p.m. Weekdays | Midnight Weekends

(34) Residents must sleep at the facility each night, with very few exceptions.

VISITORS

(23) Visitors are allowed during business hours only (7:00 a.m. to 8:00 p.m.) and only in common areas. All visitors need prior approval and must sign in upon arrival. All visitors must be directly connected to your recovery.

A. Any visitor suspected of using illegal drugs or alcohol will be asked to leave immediately.
B. Overnight guests are NOT permitted.

VEHICLES

(40) Any resident with a vehicle on the property must have a valid driver's license and insurance. A copy of both must be given to the office. Auto repair or maintenance on the property is not permitted.

A. Upon completion or removal from TPSL, residents MUST take their vehicle. If left, it will be towed at the resident's expense.

PORNOGRAPHY

(39) Pornographic materials are NOT allowed on TPSL property. This includes internet pornography, magazines, video materials, etc.

FEES & REMOVAL

(19) All residency fees are due every Friday before 5:00 p.m. Bi-weekly and monthly payments are acceptable. If financial issues arise, the resident must speak to a staff member.

(45) TPSL reserves the right to remove anyone from the facility for noncompliance with no refund.

A. Residents asked to leave due to rule violations will not be permitted back on the property. Belongings will be packed and available for pick-up the following day.
B. Personal property will be disposed of after 10 days of discharge if not collected.

COMMUNITY ACCOUNTABILITY

(36) This is a sober living facility based on principles of honesty, trust, and helping to maintain a sober environment. Any resident who knows that another resident is violating any rule should report the behavior to a staff member.

(46) These rules may be amended or modified in writing at the weekly house meeting.

Resident Agreement

By signing this document, I acknowledge that I have read, understand, and agree to adhere to all admission requirements and rules of conduct of Turning Point Sober Living and Transitional Housing Inc.

Resident Name (Print): _____

Resident Signature: _____

Staff Signature: _____

Date: _____

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